VANDENBERG AFB CA 93437-0759

17 January 2001

No. 3

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to management.dci@vandenberg.af.mil or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to one line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961 Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

- **a. Emission Security (EMSEC):** EMSEC is a base-level program requiring compliance with equipment and system installation standards as outlined in AFSSM 7011, Emission Security Countermeasures Reviews. This applies only to classified computers, systems, or facilities. For information on what the VAFB EMSEC program has to offer, check out our public folders at this Microsoft Outlook public folder address. outlook:\\Public Folders\\All Public Folders\\VANDENBERG\\Vandenberg Information Assurance Programs. (30CS/SCBI, 5-3252)
- **b. Revised Publications:** Effective immediately, the following publications are now available on the VEPDL, http://vepdl.vandenberg.af.mil. 30SWI65-101, Preparation of 30th Space Wing Time and Attendance Forms, and AFSPCI10-1215_30SWSUP1, Support to Commercial Space Launch Activities which replaces 30SWI10-104. (30CS/SCSP-DCI, 6-7892/4)
- **c. Verizon/GTE Telephone Directories:** TCO's, the new commercial directories for the Lompoc area, plus a smaller number for the Santa Maria/Five Cities area have arrived. We also still have a number of Vandenberg directories available should your unit need some extra copies. Please call 6-5678 to notify us of your requirements and make arrangements for pick-up in the high bay of Building 12000. Pick-up times are 16, 17 and 18 Jan 01 between 1400-1600 hours. (30CS/SCAO DCI, 6-3986)
- **d. DISA Forms and Publications:** The link from the VEPDL to DISA Publications has been updated with publications available at http://www.disa.mil/pubs/pubs01.html. DISA forms are available on request. You must contact the Forms Manager at keels-bs@ncr.disa.mil. (30CS/SCSP-DCI, 6-7892/4)
- **e. E-Pubs Orders:** Due to some recent system problems with the ETS On-Line Ordering, some orders (not only Backorders) have dropped out; but definitely not all orders. It is recommended that all customers who have placed orders on the ETS On-Line Ordering system check the "Track Orders" button frequently to ensure their order has processed or is still in the system for processing. After a week, if no status shows up in the "Status" field, call the AFPDC Order Help Desk at DSN 584-4529 with the order ID number to have them check the status to ensure it has not dropped out. It can take a few days for the order to process and the status to appear, so please wait a week before calling the Order Help Desk to check the status. (30CS/SCSP-DCI, 6-7892/4)

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier your meet with us, the greater your chances of moving on the date you

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initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTTH)

b. Shipping/Receiving Packages via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DoD approved GSA contract, FedEx is authorized to transport unmarked classified packages to up a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through TMO Cargo Movement unless other arrangements have been made. TMO must be advised on the classification level. Any questions may be directed to MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

OFFICIAL

STEPHEN L. LANNING Colonel, USAF Commander

SUSANNE BRIXLER-STAAB Chief, Publishing Management

SECTION III – UNOFFICIAL

Community Support Center: Pre-Register for all Classes, Workshops and Seminars. (30MSS/DPF) **a. Resume Writing:** 17 Jan 01, 1400-1630. Learn how to write a winning resume or update an old one. Learn current formats/styles, hot effective words, and power statements to include in your winning resume! To register call Tinisha Agramonte at 5-8557.

- **b. Manage Your Move:** 18 Jan 01, 1300-1530. For adults on the move, includes briefings from Finance, TMO, Housing, Legal Office, and tips from TRICARE. Have your questions ready and plan to attend within 120-90 days prior to departure. Spouses are encouraged to attend. Call 6-0801 to register.
- **c. Foundation to Parenting Series:** 18 Jan 01 to 1 Feb 01, 1300-1500. A workshop covering a series of parenting topics. To register contact Linda Bastine at 6-9958 or Greg Barisich at 6-5338.
- **d. Parenting Class:** Beginning 18 Jan 01, and each Thursday at 1300. Each month will have a different topic. Topic for Jan will be Goodness of Fit, understanding how you and your child's personalities match or can come into conflict. Feb topic will be Child Development, from birth to adolescence. Call the HAWC at 6-2221 to sign up.
- **e.** Cholesterol Education Classes: 18 Jan, 1800-2100, in the Commander's Conference Room at the base clinic. Is your cholesterol level high? Do you know what your risk factors are? Do you know how to lower your cholesterol? Learn about lifestyle changes, exercise, and medications by attending this class offered by the Cholesterol Management Team at the 30th Medical Group. To sign up call Denise Prucey, RN at 6-7291.
- **f. Health and Wellness Center (HAWC) OPEN HOUSE:** 19 Jan 01 0900-1400. Come find out what the HAWC has to offer! Free breakfast and lunch. Tours and classes throughout the day. Receive information on Healthy Cooking classes, Tai Chi, Skin Cancer Assessment, Blood Pressure, Cholesterol, Strength training and more. Call the HAWC at 6-2221 for information.
- g. Healthy Cooking Classes: 19 Jan 01, 1130-1300. Call the HAWC at 6-2221 to sign up.
- **h. Sponsorship Training:** 21 Jan 01, 1500-1600. Hear about the changes in the program and learn sponsor responsibilities, relocation resources, and tips to assist newcomers. Also, offered as a tutorial on the "Intranet" or website https://intranet.vandenberg.af.mil/sponsor/index.htm. To sign up call 6-0801.
- **i. Newcomer Spouse Orientation:** 22 Jan 01, 745-1230 for a full morning of the Base Newcomer Orientation at the Pacific Coast Club or opt to arrive at 0950 to attend the Community Fair followed by the Spouse Group at 1100. Children are welcome to the Fair and Spouse Group toys are

provided. Meet other newcomers and learn about services and things to do on and off VAFB. Registration is not necessary, but call 6-0801 for more information.

- **j. Individual Retirement Accounts:** 22 Jan 01, 1300-1400. Today's IRA's offer greater flexibility and incentives for saving than ever before. Learn how to determine the best IRA choice for you and your family. To register call 6-4491.
- **k. VA Home Loan Class:** 23 Jan 01, 1330-1530. One of the major Veterans' benefits is the VA Home Loan Guarantee. VA home loan guaranties are made to service members, retirees, reservists, and unremarried surviving spouses for the purchase of homes, townhouses, condominiums, mobile homes and for refinancing of loans. Learn how to shop around and apply for this special home loan program. Gain understanding of basic terminologies, learn processing procedures, as well as some of the pitfalls. For more information call 6-4491.
- **l. On and Off base Job Opportunity Information:** 24 Jan 01 1000-1030. Come to find out information on local job employment opportunities and sources. Find out who's hiring and who's not. Find out how to add your resume to the AF and local websites. To register call 5-8557.
- **m. U.S. Citizenship Exam Preparation Class:** 26 Jan 01, 1330-1530. U.S. Citizenship is required for many DoD jobs and to be eligible to vote. What does it take for a person from a foreign land to become a U.S citizen? In addition to being a person of good moral character, they must be at least 18 years old, and pass a test administered by the U.S. Immigration and Naturalization Service. Learn the application procedures and study some sample questionnaires. For more information call 5-0134.
- **n. Interviewing and Dress for Success:** 31 Jan 01, 1400-1630. Make a statement, and get the job! Learn what to wear and what "not" to wear. Learn tips to dress for your interview and workplace. To sign up call 5-8557.
- **o. PWOC Quilting Classes:** Protestant Women of the Chapel invite all interested ladies to join them on Thursday mornings 1000 at Chapel 1 for beginner quilting classes. For more information call Lucille McLain at 733-2630.

30th Services Squadron (30 SVS/SVK, 6-0276)

a. Pacific Coast Club (For details on any club functions please call 734-4375 or 734-4376). **Entertainment**

- 17 Jan 01, 1900-2300. **Karaoke Night.** You can be a star! Hawk's Nest.
- 20 Jan 01, 2100-0200. **DJ** in the Hawk's Nest.
- Every Friday **Members Only Social Hour.** 1700. Complimentary snacks.
- Every Friday **Club Card Drawing.** 1800. \$300 pot every Friday, must be present to win. If no one wins, we add \$25 to the pot each week until there is a winner.

Menu

- **Lunchtime Potato Bar:** The club now has a lunchtime potato bar available Mon-Fri. Baked Potato with unlimited toppings including Chili & Cheese, and a small salad just \$3.95.
- Lunch Time Buffet: Monday Italian, Tuesday Mexican, Wednesday Santa Maria BBQ, Thursday – Chicken & Ribs, Friday – Seafood.
- **Sunday Brunch**. 21 Jan 01, 1000-1300. Adults \$9.95, Children ages 4-12 \$.75 per year, Children under 4 FREE. First Come, First Served.
- All New Tues & Thurs menu. 1800 to 2000.
 - 16 Jan 01: **2 for 1 Rib Eye Steak**, \$16.95.
 - 18 Jan 01: **Mongolian BBQ**, \$5.95 for 5 ounce meal, .95 for each additional ounce.
 - 23 Jan 01: **BBQ Pork Ribs and Chicken Buffet**. All you can eat, \$8.95.
- **Foggio's:** Now call and order ahead at 5-7800.
 - **Expanded Menu:** Now all your lunch favorite lunch items can be ordered at night.
 - January Special: Mon and Wed after 1700, get a free 32oz. Fountain drink when you order any of the following items: New York Strip Sandwich, Hamburger, Cheeseburger, Grilled Chicken Sandwich, or Spaghetti.
- **b. Fitness Center:** (30SVS/SVMP, 6-3832)
 - **Free Karate Classes:** Traditional Shotokan International Karate-Do classes are now available. Classes run Mon & Fri from 1800-2000 at the Services Center and Wed from 1800-2000 at the Base Gym Annex. For men, women and kids 8 and older. For more information call 736-6213.
 - Track Closure: 15 Jan 01 to 6 Feb 01. The base running track is closed for resurfacing.

- **Basketball Match:** 18 Jan 01, 1500-1800. 1st Annual First Term Airmen vs. Chiefs/First Shirts in a 'combat rules' basketball game at the Fitness Center.
- **Sweetheart 5K Run:** 9 Feb 01. Registration deadline is 8 Feb 01. Sign up today.
- c. Family Aquatics Center: (30SVS/SVRO, 6-3581)
 - **Central Coast Marlins:** The Family Aquatics Center is offering a year-round competitive swim team for children ages 5-18. There are three programs based on experience and skill level. Stop by the Aquatics Center and check it out, the first week is free.
 - **Help Wanted:** Are you looking for an exciting summer job as a lifeguard or swim instructor? The VAFB Family Aquatics Center is seeking qualified, responsible and motivated individuals to join hour summer ataff. If you are interested, please call Jennifer at 6-3581.
- d. Bowling Center: (30SVS/SVK, 6-3209)
 - **Thursday Night Madness.** 18 Jan 01, 1800-2100. Bowl three games, and get a hamburger, fries and a large beverage for just \$6.50 per person.
 - **Thunder Alley/Rock 300:** Thursdays, 1800-2100. Family Night. Fridays 2200-0100. Thunder Alley/Rock 300. Saturdays, 2100-2400, Thunder Alley/Rock 300.
- e. Services Center: (30SVS/SVYR, 5-8974)
 - New Natural Knead Massage Therapy: Located in the Services Center. Gift certificates and evening appointments are available. Credit Cards accepted. For an appointment, call 5-4748 or 717-9088.
 - Country Line Dancing: Ongoing FREE dance lessons at the Service Center. Wednesday's 1830-2100.
 - Upcoming Trips:
 - 16-19 Feb 01. **Lake Tahoe Skiing Trip.** Three nights at the Holiday Lodge, \$190 single, \$130 each/double, \$110 each triple. Leave VAFB at 0800 16 Feb, return 1900 19 Feb.
 - 9 Mar 01. Dharma & Greg TV Taping. \$25. Leave VAFB at 1400.
- f. Youth Center: (30SVS/SVYY, 6-2152)
 - **Girls Youth Softball:** Registration runs through 16 Feb 01, or until teams are full. The Diana Softball League is for girls 6-15. Don't miss out. Sign up at the Youth Center.
 - **Youth Baseball:** Registration runs through 16 Feb 01, or until teams are full. The Baseball League is for ages 5-13. Don't miss out. Sign up at the Youth Center.
- g. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)
 - Ladies Priority: Every Wednesday 0830-0900.
 - SCGA Team Play Schedule: 20 Jan 01, Sterling (Home). 27 Jan 01, at Sterling.
 - Ladies Golf Challenge Pro-Am Tournament: 29 Jan 01. Teams will be composed of 3 local amateur golfers and 1 lady pro. The Pro-Am is limited to the first 72 amateur golfers. Sign up at the Pro shop.
 - **Ladies Challenge Professional Golf Tournament.** 30 Jan 1 Feb 01. Spectators are invited to watch tomorrows LPGA stars during their 3-day tournament at Marshallia Ranch.
- h. Rod & Gun Club: (30 SVS/SVRO, 6-4560)
 - **Open Skeet:** Open skeet and trap shooting every Wed, Fri, Sat and Sun at 0830, except for special events.
 - **Five Stand Sporting Clays:** 2nd and 4th Tuesday each month.

Education Services & Human Resources Flight: (30MSS/DPHS, 5-5902)

- **a. Reduced Tuition For Military Dependents:** A new law just passed will extend California-resident status to military dependents attending or planning to attend Allan Hancock College. This means military dependents can enroll in Hancock courses at the \$11 per unit rate available to California residents. Spring 2001 walk through registration 16-18 Jan 01 from 0900 to 1900 and late registration 22 Jan through 2 Feb 01. If you have any questions, please contact Allan Hancock College at 734-3500 or 5-5915.
- **b. Revised Enlisted PME (EPME) Course Disenrollment Restrictions.** As of 15 January 2001, students disenrolled from EPME distance learning programs or non-participation (enrollment expiration prior to course completion) will incur a 1-year enrollment restriction. This is a change from the previous 6-month enrollment restriction for non-participation disenrollment. Students already serving an imposed 6-month restriction at the time of this change (15 Jan 01) will not be affected. Students disenrolled for course failure (academic failure) and those who voluntarily disenroll (disenrollment at student request) will continue to incur a 6-month restriction. This change

was originally announced in message R251832Z MAY 00, from AFIADL/CC, and aligns distance learning restrictions with student releases and restriction policies currently used in resident EPME programs. Additionally, the Air Force Institute for Advance Distributed Learning (AFIADL) will reflect these changes in the EPME eligibility criteria in their course catalog. The AFIADL course catalog, which is the definitive guidance for all EPME distance-learning programs, is available at: http://www.maxwell.af.mil/au/afiadl/curriculum/catalog/cattoc_fr.htm. Please bookmark the referenced AFIADL catalog site for details of this and any future EPME program changes.

- **c. Extended Hours for Registration**: The Base Education Office will be open until 1900 on 16 and 17 Jan 01 for Allan Hancock registration. P.O.C. Debbie Johnson, ext. 5-5902.
- **d. New Allan Hancock Courses**: Allan Hancock College, in partnership with La Purisima Mission State Historic Park, will be offering college credit courses in the spring semester 2001 for:
 - <u>Hist. 119</u>, <u>California History</u>. Course Description: History of California from the earliest explorer to the present, with emphasis on major social and cultural themes. Location: La Purisima Mission State Park. Time: Thursdays, 1300-1600.
 - <u>AJ 479</u>, <u>Park Law Enforcement (PC 832)</u>. Interested in a career as a park ranger or with any other law enforcement agency? This POST certified course meets the requirement for P.C. 832 and will have a firearms course option. Course Description: As well as covering traditional law enforcement, this course will also survey law enforcement in national, state and county parks and other outdoor recreation related career fields. Location: La Purisima Mission State Park. Time: Mondays, 1800-2130. Call 922-6966 ext. 3284 to apply.

Personal Computer Training Class Schedule: (30CS/MCA, 6-3771)

Listed below is a current 30 SW personal computer systems training schedule. Classes are open to active duty military and DOD employees only. Walk-ins are welcome on a space available basis. To register, or for additional information, contact Ms. Lexi Schwartz via base email. If you do not receive a confirmation of your registration within two days, please contact us to see if we did receive it. For questions only, not reservations, call 6-3771. You will probably reach an answering machine, so please leave a message and we will call you back. The classes do not require knowledge of the individual programs but a working knowledge of Windows is required. We recommend taking the classes in the following order: Word; Excel; PowerPoint; Access.

New Classes:

- **a. Palm PDA—Beginning.** This class is for those who have a Palm OS PDA (Personal Digital Assistant) and want to learn how to use it. Awareness of using it on a base network, how to get the most of the Palm, and installing applications are covered.
- **b. Palm PDA— Day Planning.** This class is for those who are comfortable using their Palm PDAs but are looking for ways to make life faster and easier, how to get the most out of the device.
- c. Computer Based Training (CBT) Facility: In addition to the existing traditional instructor led courses offered at the computer training facility located within Bldg. 9360, MCA Engineers, Inc. also reserves specific 4 hour blocks of time for those students interested in completing Computer Based Training (CBT) courseware. This provides an alternate method for those military or DOD civilians who are unable to satisfactorily complete CBT's at their Personal Computer in their regular work environment. Currently, eight of the twelve available seats are reserved for use by Workgroup Managers. Openings are available most days from 08:30-11:30 and 12:30 to 16:00. Call to schedule. Classes are held in Building 9360. Take Washington to Nevada, turn west on Nevada, turn onto 4th Street, we're the last building on the right.

Dates Instructor	Class Name Led	Instructor:	Time	Open Slots	Wait List				
January 2001									
1/16-17	Outlook/DMS	James Wooding	08:00-11:30	0	2				
1/16-18	Excel 97	Lexi Schwartz	12:30-16:00	1	2				
1/18	Palm PDA - Beginning	Lexi Schwartz	08:00-11:30	8	0				
1/19	Excel 97 Advanced	James Wooding	08:00-11:30	5	0				
1/19	Outlook Email Only	James Wooding	12:30-16:00	2	0				
1/22-24	Word 97	James Wooding	08:00-11:30	0	1				
1/22-26	Access 97	Lexi Schwartz	12:30-16:00	0	8				
1/29-1	Project 98	Lexi Schwartz	12:30-16:00	4	0				

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1/30-1	PowerPoint 97	James Wooding	08:00-11:30	4	0
February 20	001	G			
2/5-7	Excel 97	James Wooding	08:00-11:30	0	2
2/6-8	Word 97	Lexi Schwartz	12:30-16:00	10	0
2/12-16	Access 97 Advanced	Lexi Schwartz	08:00-11:30	8	0
2/12-13	Outlook	James Wooding	12:30-16:00	7	0
2/16	Outlook Email Only	James Wooding	12:30-16:00	12	0
2/20-23	PowerPoint 97	James Wooding	08:00-11:30	0	1
2/20	Excel 97 Advanced	James Wooding	12:30-16:00	9	0
2/21	Word 97 Advanced	Lexi Schwartz	12:30-16:00	4	0
2/23	Outlook Email Only	James Wooding	12:30-16:00	13	0
2/26-2	Access 97	Lexi Schwartz	08:00-11:30	0	1
2/28-2	Excel 97	James Wooding	12:30-16:00	11	0
March 2001					
3/5-7	Word 97	Lexi Schwartz	08:00-11:30	11	0
3/5	Outlook Email Only	James Wooding	12:30-16:00	14	0
3/6-9	PowerPoint 97	James Wooding	12:30-16:00	11	0
3/12-15	Project 98	Lexi Schwartz	08:00-11:30	13	0
3/12	Outlook Email Only	James Wooding	12:30-16:00	13	0
3/14	Palm PDA - Beginning	James Wooding	12:30-16:00	12	0
3/16	Outlook Email Only	James Wooding	12:30-16:00	13	0
3/19-21	Excel 97	James Wooding	08:00-11:30	11	0
3/19-23	Access 97	Lexi Schwartz	12:30-16:00	8	0
3/26-30	Access 97 Advanced	Lexi Schwartz	08:00-11:30	13	0
3/28-30	Word 97	James Wooding	12:30-16:00	14	0
Security					
February 20	001				
2/14	SATE Managers	Dianne Raynor	08:00-11:30	13	0
2/28	EMSEC Training	Dianne Raynor	08:00-11:30	13	0
March 2001					
3/14	Certification & Accreditation	Dianne Raynor	08:00-11:30	9	0

For Sale: Lightly used flatbed Scanner plus software. \$30.00. Call 734-2364 after 1630.